

# ELDIA DELIA, MD

# Internal Medicine, Chief Resident Physician, PGY-3

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### **OBJECTIVE**

I am a patient-focused internal medicine resident undergoing comprehensive training to deliver top-tier patient care in diverse settings, encompassing both ambulatory and inpatient care. My professional goal is to secure a hospitalist position, enabling me to administer evidence-based medical care to individuals grappling with acute and chronic medical conditions.

My unique background, having been born and raised in India, completing medical school in the Caribbean, and pursuing residency in the United States, has equipped me with exceptional adaptability and efficiency in multicultural and diverse healthcare environments. I bring to the table robust leadership capabilities, currently serving as the chief resident for the internal medicine program. As I look ahead, I am driven by the desire to evolve personally, professionally, and as a leader in the healthcare realm. I am eager to find an environment that fosters my growth and development, enabling me to continue making meaningful contributions as a physician and a leader.

### **EDUCATIONAL QUALIFICATION**

# **Internal Medicine Residency**

Suburban Community Hospital, Norristown, PA,19401.

June 2021 - June 2024

# **Transitional Year Residency**

Suburban Community Hospital, Norristown, PA, 19401 June 2020 - June 2021

# **Doctor of Medicine**

American International Medical University, St Lucia. May 2012 - June 2017

### **CERTIFICATE AND LICENSURE**

Pennsylvania Temporary/Limited State Licensure for Medical Training

ACLS Certified

BLS Certified

2020 - Present
2020 - Present
ECFMG certified

2019

## PROFESSIONAL AFFILIATION

American College of Physicians (ACP)
American Osteopathic Association (AOA)
Pennsylvania Osteopathic Medical Association (POMA)
American Medical Association (AMA)
American Red Cross.

#### ACADEMIC AND ADMINISTRATIVE POSITIONS

#### SUBURBAN COMMUNITY HOSPITAL, NORRISTOWN, PA

Chief Resident, Internal Medicine Program and Preliminary Program
Chief Intern Internal Medicine and Transitional Year Program

June 2023 - June 2024 June 2021 - June 2022

#### **Roles and Responsibilities**

- Primarily responsible to the Program Director of the Residency, with additional responsibilities to the Director of Medical Education ("DME")/Designated Institutional Official ("DIO")
- Acts as the representative for the house-staff in their department by attending the Graduate Medical Education Committee ("GMEC")
- Responsible for preparing the Noon lecture and weekly didactics schedule for the department in a unified format and publish by the start of each month
- Supervise and attend morning report when on an in-house service
- Attend the GMEC monthly
- Attend or assign a designee for Hospital Recruitment days
- Other duties as assigned by the Program Director, DME and/or DIO.

#### Mentor – Big Brother / Big Sister

June 2022 - June 2023

Guided and supported first year residents throughout their residency experience

#### Member, Resident Liaison - Critical Care Committee

June 2023 - Present

Discussed issues in the ICU, offering resident perspective, communicated discussions with resident body

#### Member, Resident Liaison - Patient safety Committee

June 2020 - Present

Discussed the initiatives that improve the quality and safety of patient care and to identify patient safety trends and opportunities to develop sustainable interventions.

#### Member, Resident Liaison- Resident wellness Committee

June 2023 - Present

Organized activities artwork, craft work and other cultural activities as a part of the committee.

#### AMERICAN INTERNATIONAL MEDICAL UNIVERSITY, ST LUCIA

#### **Roles and Responsibilities**

#### Class representative

May 2013 - June 2017

Advocate on curriculum, learning resources, learning, and teaching, assessment and feedback, student progression and achievement, guidance, and support,

#### • Medical Camp Organizer

Organized many medical camps in association with St Jude Hospital in association with Ministry of Health St Lucia. Primary focus was given to educate children and their parents about the importance of appropriate vaccinations. Age-appropriate information regarding different screening tests were informed to the participants. Lectures on safe sexual practice was given to the targeted audience.

### **WORK EXPERIENCE**

### SUBURBAN COMMUNITY HOSPITAL Internal Medicine Resident Transitional Year Resident

June 2021- June 2024 June 2020 - June 2021

- Proficiently managed patients in both in-patient and out-patient settings, ensuring high-quality care under supervision.
- Skillfully performed in-patient procedures such as central line, midline, and other iv access procedures using ultrasound guidance, prioritizing patient safety and comfort.
- Actively participated in daily rounds, demonstrating expertise in interpreting lab results, reviewing medical imaging, and formulating accurate diagnoses and comprehensive treatment plans.
- Exhibited leadership qualities and commitment to the medical field by serving as chief intern in 2021 and chief resident in 2023, contributing to the effective management of medical teams and patient care.
- Actively contributed as a member of the research committee, critical care committee, and patient safety committee, demonstrating a commitment to advancing medical knowledge, optimizing critical care protocols, and enhancing patient safety practices.

# SCRIBE AMERICA Medical Scribe

November 2019 - February 2020

- Typing patient notes during medical encounters
- Documenting clinical events and their timings
- Documenting medical procedures performed in emergency settings
- Retrieving and reviewing old medical records
- Reviewing old radiology studies
- Transcribing special instructions from physicians

# NORTHEAST INTERNAL MEDICINE AND FAMILY PRACTICE Medical Assistant

April 2019 - July 2019

- Proficient in medical chart filling, ensuring accurate and up-to-date patient records.
- Skilled in-patient scheduling, efficiently managing appointments and optimizing clinic workflow.
- Experienced in documenting medical information with precision and attention to detail.
- Competent in checking and recording vital signs to monitor patient health and assist in treatment planning

# AMERICAN INTERNATIONAL MEDICAL UNIVERSITY Student Tutor

January 2015 - March 2015

Proficiently tutor medical students in various subjects, including anatomy, physiology, pharmacology, pathology, and clinical skills.

# AMERICAN INTERNATIONAL MEDICAL UNIVERSITY Student Lab Assistant

June 2013 - June 2015

- Expertly maintained and preserved human anatomical specimens, including cadavers, ensuring their integrity and usability for educational purposes.
- Orchestrated and managed medical exhibitions featuring human anatomic specimens while maintaining the operational efficiency of the gross anatomy laboratory facility.

## **SKILLS**

- Proficient in running codes and providing critical care in the ICU.
- Skilled in performing procedures such as central line, midline, and ultrasound guided peripheral line placements.
- Experienced in health record documentation and telemedicine practices.
- Accomplished in conducting medical research and publishing findings.
- Demonstrated strong people management skills in healthcare settings.

## RESEARCH AND PUBLICATION

#### **Publications**

- Radio-Opaque Material in a Non-Contrast CT scan of Abdomen: A Radiology Dilemma
- An Overview of Female Genital Mutilation in Africa: Are the Women Beneficiaries or Victims?
- Mirizzi Syndrome: A Case Report and Review of the Literature
- Mixed Type Gastric Adenocarcinoma Presenting as Acute Gastric Perforation in a Young Adult
- An Unusual Case of Lynch Syndrome Presenting as Intestinal Intussusception in a Young Adult

#### CASE REPORTS AND POSTER PRESENTATION

#### **ACP-American College of Physicians**

- Covid-19 Presenting as Acute Pancreatitis: A rare Association
- Geospatial Mapping the Future of Public Health

#### AMA – American Medical Association

- Atypical Presentation of Non-Hodgkin B-Cell Lymphoma
- Trichloroethylene- The Evil Carcinogenic Solvent 2020 Ama Research Challenge
- Pediatric PSVT Presenting with Blindness and Paresthesia 2020 Ama Research Challenge

#### POMA- Pennsylvania Osteopathic Medical Association

- Negative Pressure Pulmonary Edema Due to Rigor and Chills in Liver Abscess
- A Rare Carcinogenic Occupational Solvent Causing Multiple Cancers
- A Rare Case of Calcium Channel Blocker Induced Angioedema
- Citrobacter Koseri -An Unusual Culprit of Pyogenic Liver Abscess
- PRES, A Lethal and Rare Side Effect of Cyclosporine: A Case Study and Review of Literature
- In This Era of Pandemic Every Dyspnea with Fever Is Not Covid-19 Infection: An Unusual Presentation of Perforated Gastric Ulcer As ARDS
- New Onset Diabetes and Diabetic Ketoacidosis in Covid-19 Patients: Case Report and Review of Literature

## **AWARDS & ACCOMPLISHMENTS**

- Top Performance Award' in Pediatrics Clerkship, Class 2017 Presented by American International Medical University(AIMU), St Lucia.
- Certificate for Outstanding Performance for Student Tutoring, Presented by AIMU in 2015.
- Certificate of Outstanding Academic Performance, Presented by AIMU for the Following Basic Science Semesters- September-December Semester of 2014, May-August Semester of 2014, September-December Semester of 2013, May-August Semester of 2013

# **LANGUAGE SKILLS**

| Language  | Language Proficiency          | Proficiency Description   |
|-----------|-------------------------------|---|
| English   | Native/functionally<br>Native | I Converse Easily and Accurately in All<br>Types of Situations. Native Speakers,<br>Including The<br>Highly Educated, May Think That I Am a<br>Native Speaker, too.           |
| Malayalam | Native/Functionally<br>Native | I Converse Easily and Accurately in All<br>Types of Situations. Native Speakers,<br>Including The<br>Highly Educated, May Think That I Am a<br>Native Speaker, too.           |
| Tamil     | Advanced                      | I Speak Very Accurately, And I Understand Other Speakers Very Accurately. Native Speakers Have No Problem Understanding Me, But They Probably Perceive That I Am Not a Native |

## **INTERESTS**

- Art and Creativity
- Travel and Cultural Exploration
- Sports or Outdoor Activities
- Culinary Interests

## REFERENCE

| DR MATHEW MATHEW               | DR HARSHAL PAREKH               |
|--------------------------------|---------------------------------|
| CMO   PROGRAM DIRECTOR,IM      | Hospitalist at IHP Group        |
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