mARIA J. LABRA

DOCTOR of Osteopathic Medicine - Master of Public Health

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**EDUCATION AND MEDICAL TRAINING**

The Reading Hospital and Medical Center | Tower Health • West Reading, PA Class of 2024

* Residency, Internal Medicine (Jun 2021- June 2024)
* ACGME and AOA accredited.

Nova Southeastern University College of Osteopathic Medicine • Fort Lauderdale, FL Class of 2021

* Doctor of Medicine (D.O.)
* Master of Public Health (M.P.H)

Nova Southeastern University College of Medical Sciences • Fort Lauderdale, FL Class of 2017

* Master of Biomedical Sciences

Florida International University • Miami, FL Class of 2014

* Bachelor of Science in Biological Sciences
* Minor in Organic Chemistry
* Magna Cum Laude

**LICENSURE AND REGISTRATION**

* Osteopathic Physicians and Surgeons, Commonwealth of Pennsylvania. Jun 2021-Active
* Advanced Cardiovascular Life Support (Provider). September 2015 – Active
* Basic Life Support (Provider). September 2015 – Active

**PROFESSIONAL LICENSING EXAMINATIONS**

* COMLEX Level 1, passed 10/30/2019.
* COMLEX Level 2 PE, passed, 02/03/2020.
* COMLEX Level 2 CE, passed, 09/19/2020.
* COMLEX Level 3, passed, 05/12/2022.

**LANGUAGE SKILLS**

* English – Native/Bilingual (ILR Level 5)
* Spanish – Native/Bilingual (ILR Level 5)

**VOLUNTEER MEDICAL EXPERIENCE**

The Reading Hospital Foundation | Street Medicine Program • West Reading, PA August 2021–Present

Medical Resident/Founder of the Annual Christmas Medical Drive:

* Deliver equitable and patient-centered primary and acute healthcare services to homeless individuals.
* Increase accessibility and continuity of care by connecting patients to healthcare services through telehealth.
* Provide patient case management services and inpatient consultations.
* Educate patients on available community services and resources.

FIU Student Health Services • Miami, FL August 2013–September 2013

Medical Volunteer

* Aided in the execution of various health events.
* Conducted fitness assessments and discussed results with patients to help them make healthier decisions.

**LEADERSHIP AND PROFESSIONAL EXPERIENCE**

University of Pennsylvania | Penn Medicine • Philadelphia, PA Jun 2023–Present

Internal Medicine/Cardiology Covering Physician – Moonlighter

* Cover several distinct services including cardiac surgery, thoracic surgery, general cardiology, lung transplant surgery, and lung transplant. The cardiac service includes cardiac surgery patients as well as heart transplants, LVADs, ECMO, and patients requiring other mechanical circulatory support for heart failure/hemodynamic instability.
* Practices in a thoughtful manner including consideration for cultural diversity, individual autonomy and legal responsibilities.
* Actively participates in multidisciplinary team approach to case management.
* Utilizes quality improvement tools to develop processes that promote continuous improvement in delivery of patient care, patient outcomes, or workflows.

The Reading Hospital and Medical Center | Tower Health • West Reading, PA Sept 2023–Jun 2024

* Quality Improvement Project:
  + Increase compliant HbA1C by 10% HbA1c obtained within one year and value <9% in Type 2 Diabetics aged 18-75 years at the Internal Medicine Clinic at Reading Hospital over 6 months.
  + Diabetes Mellitus Type 2 Quality Improvement Committee aimed at improving the quality of care of DM Type 2 patients within the health system including improving HbA1c documentation and accessibility in EMR documentation in the transition of care visits. Quality improvement project culminated in grand rounds presentation for the Department of Internal Medicine.
* Quality Improvement Project: Sept 2022–Jun 2023
  + Increasing Colorectal Cancer Screening Among Newly Eligible Young Patients

NSU Health Professions Division • Davie, FL ­­­­­ August 2017

Graduate Research Assistant

* Submitted and maintained Institutional Review Board applications.
* Reviewed project documents for research purposes.
* Mediated the interaction between the student/members and the university board.
* Synthesized and summarized results from qualitative and quantitative analysis

NSU-KP College of Osteopathic Medicine • Davie, FL June 2018–June 2019

President, Student Association of Internal Medicine

* Represented the organization to the University.
* Supervised the process of student organization event planning.

NSU-KP College of Osteopathic Medicine • Davie, FL May 2016–May 2017

Anatomy, Neuroanatomy, Physiology, and Histology Fellow

* Assisted in lecturing, teaching practical skills, and/or counseling first, second, and third-year medical students.
* Developed and participated in research projects with the assistance of the basic science and/or clinical faculty.

**RESEARCH, PUBLICATIONS, AND PRESENTATIONS**

**Maria J. Labra**, DO; Urvi A. Patel, DO; and Andrew C. Rettew, DO. Thrombotic Microangiopathy Presenting with Diffuse Alveolar Hemorrhage: A Case Report. 05/2023. In process.

**Maria J. Labra**, DO; Urvi A. Patel, DO; and Andrew C. Rettew, DO. Angioimmunoblastic T-cell lymphoma: A multiple-faceted neoplasm. 04/2023. In process.

**Maria J. Labra**, DO; Rebecca Brown, DO; and Andrew C. Rettew, DO. COVID Plus CVID Causing Pure Red Cell Aplasia. 2022. In process.

**Maria J. Labra**, DO; Ian Garrahy, DO; and Andrew C. Rettew, DO; Navdeep Sangha, DO. Acquired von Willebrand syndrome: A rare presentation of Waldenstrom Macroglobulinemia. 2021. In press.

*Presentation:* 3rd Annual Capital Health Cancer Conference in Atlantic City, New Jersey on March 10, 2023. The Cancer Conference Podium Presentation.

Shoja Rahimian, **Maria Labra**, Ian Garrahy, Rebecca Brown, Navdeep Sangha, Urvi Patel, and Andrew Rettew. Identification and Management Implications of Fusobacterium Nucleatum Pylephlebitis. In press.

Haseeb Chaudhary, Usama Nasir, Khezar Syed, **Maria J. Labra**, Christopher Reggio, Ansar Aziz, Parin Shah, Roopika Reddy, Navdeep Sangha. COVID-19-associated Thrombotic Thrombocytopenic Purpura – Case report and Systematic Review. *Hematology Reports*. 2022 Aug 02; DOI: [10.3390/hematolrep14030035](https://doi.org/10.3390/hematolrep14030035).

**Labra M**., Hurtado-Cordovi, J. Novel Anti-Cancer Medication Improves Survival in Metastatic Colorectal Carcinoma. Published: Consortium for Excellence in Medical Education (CEME). Department of Hematology/ Oncology, 2020; Broward Health Medical Center; Fort Lauderdale, FL. In press.

**Labra M**., Mayrovitz HN. Normative Lower-to-Upper Limb Tissue Dielectric Constant Ratios with Possible Application to Lower Extremity Edema. *International Angiology*; Submitted: 2019-01-10.

Harvey N Mayrovitz, Andrea Alvarez**, Maria Labra**, Alexander Mikulka, Don Woody. Possible Applications of Normative Lower to Upper Limb Ratios of Tissue Dielectric Constant to Lower Extremity Edema. *International Angiology. 2018;* PMID: 30860343

**Labra M.,** Teixeira G., Blavo, C., Pinder, L. Dravet Syndrome: A Myoclonic Seizure Disorder in Children. 2018; Poster Presentation at NSUKP-COM Research Day; Fort Lauderdale, FL.

**AWARDS AND HONORS**

* Osteopathic Medicine Excellence Scholarship April 2019
* Chancellor Scholarship NSU–KPCOM August 2019
* Dr. Kenneth Burnell Student Research Award April 2019
* Osteopathic Medicine Excellence Scholarship April 2018
* Chancellor Scholarship NSU–KPCOM August 2016
* The President’s Volunteer Service Award (100+ hours) February 2014
* Medallion of Civic Engagement (200+ hours) November 2013
* Phi Beta Kappa Nominee November 2013
* Phi Kappa Phi Nominee April 2012
* Golden Key International Honor Society Inductee November 2010
* Bright Future’s Scholarship Recipient August 2009–December 2013

**PROFESSIONAL MEMBERSHIPS**

* Pennsylvania Society of Oncology and Hematology 2021–Present
* American Association of Hematology 2020–Present
* American Medical Association 2018–Present
* Medical Student Association 2016–Present
* Phi Beta Kappa – FIU Chapter November 2013–Present
* Phi Kappa Phi – FIU Chapter April 2013–April 2014