ASHLEY MILLER

NURSE PRACTITIONER

CONTACT

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Avon, IN 46123

PROFESSIONAL SUMMARY

Highly motivated professional with experience in providing comprehensive medical care to diverse populations. Expert in patient assessment, diagnosis, and treatment planning with a focus on preventative health, patient education, and chronic disease management. Skilled in developing and enhancing patient relationships through compassionate and effective communication.

EXPERIENCE

January 2020 - Present

Family Nurse Practitioner

Riverview Health, Noblesville, IN

- Provides comprehensive health care services to diverse patient populations of the Employee Health & Wellness Center. Serving five elite clients in Hamilton County.
- Develop, implement and evaluate treatment plans based on evidence-based practice guidelines, while maintaining the highest standards of quality and safety.
- Utilize proper assessment tools to formulate diagnosis and individualized plans of care.
- Counsel and educate clients regarding health risk factors, disease processes and health promotion.
- Educate patients regarding health promotion, disease prevention, lifestyle modification, therapeutic regimens and self-care management strategies.
- Order laboratory and diagnostic tests to facilitate and confirm diagnosis.
- Conduct physical examinations including diagnostic tests such as laboratory tests, x-rays and electrocardiograms.
- Collaborate with interdisciplinary team members to develop individualized care plans for patients.

September 2019 - December 2019

Family Nurse Practitioner

Wilkes Health Department, Wilkesboro, NC

- Provided direct medical care, consultation, coordination, and referrals for a diverse multigenerational at risk patient population with a wide range of clinical issues, mental health disorders, both acute and chronic.
 - Perform routine physical gynecological examinations and pap tests.
 - Tracked and documented patients' status and needs through patient interviews and chart reviews.
 - Promoted holistic wellness philosophy through encouraging self-care and prevention of illness in education and counseling.

Provided services in family planning, pre-conception counseling, contraceptive
management, women's preventative health, breast health evaluation and
counseling, STD diagnosis, evaluation and management. Perform routine
physical gynecological examinations and pap tests.

January 2018 - June 2019

Family Nurse Practitioner Student

Mount Jefferson Family Medicine, Jefferson, NC

- Clinical Hours Completed: 500 hours.
- Completed 120 hours of OBGYN care including obstetrics, routine GYN care, preventative wellness exams, contraceptive management, STI diagnostics and treatment, and health promotion.
- Worked with a Clinical Preceptor to improve my practice of the Family Nurse Practitioner professional role.
- Placed emphasis on diverse clinical experiences that built upon knowledge, skills, and expertise of primary care.
 Provided care for various patients across the lifespan from pediatrics to geriatric populations.

January 2016 - June 2019

Registered Nurse, Labor and Delivery

Ashe Memorial Hospital, Jefferson, NC

- Utilized critical thinking skills to assess changes in patient conditions, recognize complications and intervene appropriately.
- Provided prenatal, antenatal, and postpartum care for low and high-risk patient populations.
- Assessed, planned and evaluated patient care needs before and during pregnancy including obtaining patient history and assessing for labor risk factors.
- Utilized fetal and maternal monitoring equipment.
- Assisted physician during delivery, treatment, examination and surgical procedures.
- Monitored, recorded and communicated patient condition as appropriate utilizing computerized documentation systems.
- Provided patient and family education on labor, pain and newborn care.
- Managed multiple tasks while providing timely, high quality patient care.
- Demonstrated ability to work independently as well as collaboratively within a team environment.
- Administered medications and treatments in accordance with physician orders and hospital policies.

January 2015 - January 2016

Medical Surgical Registered Nurse

Hugh Chatham Memorial Hospital, Elkin, NC

 Administered blood and blood product transfusions or intravenous infusions, monitoring patients for adverse reactions.

- Provided quality patient care in a fast-paced medical surgical unit, utilizing strong assessment and critical thinking skills.
- Administered medications, treatments and therapies according to established protocols while monitoring for adverse reactions or changes in condition.

June 2014 - January 2015

Cardiology Nurse

Novant Health Cardiology, Jefferson, NC

- Assessed and cared for patients with cardiac problems and conditions.
- Worked under the supervision of a cardiologist.
- Collaborated with multidisciplinary teams to develop individualized plans of care.
- Demonstrated expertise in EKG interpretation, stress testing, holter monitoring, and pacemaker management.

EDUCATION

June 2019

Masters of Science in Nursing in Family Nurse Practitioner GPA 3.84

East Tennessee State University, Johnson City, TN, US

Awards & Honors

Summa cum laude

June 2016

Bachelor Science Nursing in Nursing

Lees McRae College, Banner Elk, NC

June 2014

Associate in Science (A.S.) in Nursing

Surry Community College, Dobson, NC

REFERENCES

References available upon request